

NEUROFIT

TRAIN YOUR BRAIN. TRANSFORM YOUR BODY.

DUBAI'S FIRST NEUROCOGNITIVE TRAINING STUDIO
COMBINING BRAIN-BODY PERFORMANCE TRAINING,
GUIDED WELLNESS PRACTICES, AND ADVANCED
RECOVERY TECHNOLOGIES.



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EQUIPMENT



HOW YOUR PROGRAM WORKS

- 1 INITIAL CONSULTATION + ASSESSMENT**
Includes doctor/nutritionist consult, vitals, and BCA
- 2 NEURO PERFORMANCE MAPPING**
Understand your movement, balance, and reaction
- 3 STRUCTURED TRAINING PLAN**
Based on your goals: fitness, weight loss, performance, or recovery
- 4 MONTHLY PROGRESS TRACKING**
Includes Biowell energy scan and performance updates in