

# 康乐每日活动表

## Daily Recreation Activity

### 家庭活动 Activity For Family

时间 Time	周一 Monday	周二 Tuesday	周三 Wednesday	周四 Thursday	周五 Friday	周六 Saturday	周日 Sunday
08:00	沙滩慢跑 Beach Jogging (沙滩Beach)	核心训练 Core Training (健身房Gym)	力量训练 Strength Training (健身房Gym)	沙滩慢跑 Beach Jogging (沙滩Beach)	核心训练 Core Training (健身房Gym)	力量训练 Strength Training (健身房Gym)	晨间拉伸 Stretching Training (健身房Gym)
10:00	探索之旅 Little Darwin (儿童乐园Kids Club)	定点寻宝 Fixed-Point Treasure (主泳池Main Pool)	探索之旅 Little Darwin (儿童乐园Kids Club)	定点寻宝 Fixed-Point Treasure (主泳池Main Pool)	探索之旅 Little Darwin (儿童乐园Kids Club)	定点寻宝 Fixed-Point Treasure (主泳池Main Pool)	探索之旅 Little Darwin (儿童乐园Kids Club)
11:00	家庭飞行棋 Aeroplane Chess (儿童乐园Kids Club)	套圈游戏 Ring Game (儿童乐园Kids Club)	迷你高尔夫 Mini Golf (儿童乐园Kids Club)	小小指挥家 Little Conductor (儿童乐园Kids Club)	趣味射箭 Shooting (儿童乐园Kids Club)	家庭飞行棋 Aeroplane Chess (儿童乐园Kids Club)	小小指挥家 Little Conductor (儿童乐园Kids Club)
14:00	魔方 Magic Cube (儿童乐园Kids Club)	趣味射箭 Shooting (儿童乐园Kids Club)	椰子保龄球 Coconut Bowling (儿童乐园Kids Club)	家庭飞行棋 Aeroplane Chess (儿童乐园Kids Club)	魔方 Magic Cube (儿童乐园Kids Club)	毽子游戏 Shuttlecock Kicking (儿童乐园Kids Club)	椰子保龄球 Coconut Bowling (儿童乐园Kids Club)
15:00	放风筝 Kite Flying (沙滩Beach)	毽子游戏 Shuttlecock Kicking (儿童乐园Kids Club)	沙滩足球 Beach Football (沙滩Beach)	毽子游戏 Shuttlecock Kicking (儿童乐园Kids Club)	沙滩排球 Beach Volleyball (沙滩Beach)	放风筝 Kite Flying (沙滩Beach)	水上篮球 Water Basketball (主泳池Main Pool)
16:00	水上飞毯 Water Flying Carpet (主泳池Main Pool)	钓鱼比赛 Fishing (主泳池Main Pool)	水上运动会 Aquatic Game (主泳池Main Pool)	浮潜 Snorkeling (儿童乐园Kids Pool)	钓鱼比赛 Fishing (主泳池Main Pool)	小小体操员 Little Gymnast (儿童乐园Kids Club)	浮潜 Snorkeling (儿童乐园Kids Pool)
17:00	溶洞探险 Cave Adventure (儿童泳池Kids Pool)	冲浪 Surfing (造浪池WavePool)	抓螃蟹 Catch Crabs (沙滩Beach)	抓螃蟹 Catch Crabs (沙滩Beach)	泡泡趴 Bubbles Party (主泳池Main Pool)	泡泡趴 Bubbles Party (主泳池Main Pool)	赶海 Beach Comb (沙滩Beach)

### 儿童活动 Activity For Kids

09:20	相约淘气卡通 Naughty Cartoon	亲子体能 Parent-Child Fitness	相约淘气卡通 Naughty Cartoon	亲子体能 Parent-Child Fitness	魔法气球 Magical Balloon	魔法气球 Magical Balloon	相约淘气卡通 Naughty Cartoon
10:20	* 编织花篮 Basket Weaving RMB 60	* 体恤彩绘 T-shirts Painting RMB 60	* 梦幻海洋瓶 Ocean Bottle RMB 60	* 艺术贝壳画 Shell Picture RMB 60	* 草帽绘制 Straw Hat Drawing RMB 60	* 纽扣花 Button Flower RMB 60	* 贝壳手链 Bracelets Making RMB 60
11:30	科普课堂 Kids Science Class	科普课堂 Kids Science Class	科普课堂 Kids Science Class	科普课堂 Kids Science Class	科普课堂 Kids Science Class	科普课堂 Kids Science Class	科普课堂 Kids Science Class
14:00	* 橡皮泥制作 Plasticine Making RMB 60	* 海岛风铃 Handmade Wind Chimes RMB 60	* 贝壳手链 Making Bracelets RMB 60	* 编织花篮 Weave Basket RMB 60	* 梦幻海洋瓶 Ocean Bottle RMB 60	* 体恤彩绘 T-shirts Painting RMB 60	* 草帽绘制 Straw Hat Drawing RMB 60
15:00	* 饼干制作 Cookies Making RMB 100	* 披萨制作 Pizza Making RMB 100	* 清补凉制作 Hainan Dessert RMB 100	* 包饺子 Dumplings Making RMB 100	* 蛋糕制作 Cake Making RMB 100	* 饼干制作 Cookies Making RMB 100	* 披萨制作 Pizza Making RMB 100
16:00	* 梦幻海洋瓶 Ocean Bottle RMB 60	* 草帽绘制 Straw Hat Drawing RMB 60	* 纽扣花 Button Flower RMB 60	* 橡皮泥制作 Plasticine Making RMB 60	* 贝壳手链 Bracelets Making RMB 60	* 海岛风铃 Handmade Wind Chimes RMB 60	* 艺术贝壳画 Shell Picture RMB 60

活动规则：所有活动需要提前24小时预定，带\*的活动为收费项目，12岁以下小朋友必须由成人陪同。

Rules of Participation: Booking advance is required, All the belt \* for charging projects, For kids below the age of 12 years old must be accompanied by an adult at all times.

以上所有活动仅限住店客人，参加活动者安全责任自负。

All of the above activities are for Resort guests only, Participation is at their own risk.

垂询详情或预订，敬请前往儿童乐园或致电分机6636

For more information or reservations please visit Kids Club or dial extension no. 6636.