



CONSTANTINOUS BROS
HOTELS
ELIXIR SPA

MASSAGE TREATMENTS



Organic Aromatherapy Massage - 50min € 90.00

Organic Aromatherapy Back, Neck and Shoulder Massage - 25min € 70.00

Relaxing Body Massage - 50min € 70.00



Blissful Back, Neck and Shoulder Massage - 25min € 55.00

Energizing Aroma Massage - 50min € 78.00

Tension-Relief Deep Tissue Body Massage - 50min € 80.00

Tension-Relief Deep Tissue Back and Shoulder Massage - 25min € 60.00

Detoxifying and Slimming Massage (full body) - 50min € 90.00

Detoxifying and Slimming Massage (waist up or waist down) - 25min € 70.00

Ayurvedic 'Abhyangam' Body Massage - 50min € 90.00

Ayurvedic 'Abhyangam' Back and Shoulder Massage - 25min € 70.00

Indian Head Massage - 45min € 70.00

Reflexology (feet only) 25min € 65.00

ELIXIR SPA SIGNATURE TREATMENTS

Olive Oil Massage - 50min € 80.00

Olive Oil Back, Neck and Shoulder Massage - 25min € 60.00

Please note that a swimsuit is required to be worn for these treatments



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HAND & FOOT CARE

O·P·I & ESSIE CARE

Deluxe Manicure - 50 min	€ 55.00
Deluxe French Manicure - 50 min	€ 60.00
Express Manicure (nail shaping, application of nail polish normal or French) - 15 min	€ 25.00
Deluxe Pedicure - 50 min	€ 65.00
Deluxe French Pedicure - 50 min	€ 70.00
Express Pedicure (nail shaping, application of nail polish normal or French) - 15 min	€ 25.00
Design On Nail (per Nail) - 10 min	€ 5.00
Men's Deluxe Manicure - 30 min	€ 50.00
Men's Deluxe Pedicure - 50 min	€ 60.00

BODY WAXING

▪ Upper Lip Wax	€ 10.00	▪ Waist Wax	€ 20.00
▪ Chin Wax	€ 10.00	▪ Full Chest Wax	€ 30.00
▪ Under Arms Wax	€ 12.00	▪ 1/2 Leg Wax	€ 25.00
▪ Arms Wax	€ 18.00	▪ Full Legs	€ 35.00
▪ 1/2 Arms Wax	€ 12.00	▪ Bikini Line Wax	€ 30.00
▪ Full Back Wax	€ 40.00		

We strongly advise you not to swim or sunbathe 5 hours before or 5 hours after waxing.



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FACIAL TREATMENTS

Essential Deep Cleansing Facial - 1hr20min	€ 75.00
High Skin Refiner Ultimate Lifting Facial - 50min	€ 95.00
Ayurvedic 'Shadiva of India' Harmony Facial - 50min	€ 91.00
Quick Radiance Facial - 25min	€ 50.00
Sea Luminous Facial - 50min	€ 85.00
Soothing Care Facial - 50min	€ 80.00
Express Relief After Sun Facial - 25min	€ 68.00

For Gentlemen wishing to have these therapies, we recommend they shave one day before.

MAKE-UP

BY OUR PROFESSIONAL MAKE-UP ARTIST

Special Occasion Make-Up (Day or Night) 25-45min	€ 90.00
Bridal Make-Up 25-45min	€ 180.00
Any Make-Up Trial (full make-up) 25-45min	€ 90.00



TINTING & SHAPING

Eyebrow Shape, Eyelash & Eyebrow Tint - 50 min	€ 30.00
Eyelash Tint - 25 min	€ 18.00
Eyebrow Tint - 20 min	€ 13.00
Eyebrow Shape (Tweezers) - 10 min	€ 10.00



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BODY TREATMENTS

Aromatic Seaweed Body Wrap (Detoxifying) - 50min	€ 90.00
Relaxing & Energizing Aroma Body Wrap- 50 min	€ 85.00
Deep Hydration Wrap with Milky Clay - 50min	€ 85.00
Ayurvedic Body Peeling 'Garshan' with Himalayas Salt and Ginger Lily - 45min	€ 65.00
Aromatic Salt Exfoliation - 45min	€ 60.00
Invigorating Sea Salt Body Peeling - 45min	€ 60.00
Smoothing Olive Oil Peeling - 45min	€ 60.00
Back wrap with Aromatic Algae Mask - 45min	€ 78.00



ELIXIR SUITE

Book the Elixir Suite for two and enjoy relaxing in the hydrobath, or sample treatments from "treatments for two" performed by our dedicated therapists and emerge feeling completely rejuvenated

Seaweed and Sea Salt Hydro Bath (per person) - 40 min	€45.00
Royal Calming Milk Hydro Bath (per person) - 40 min	€45.00
Sea Salt Hydro Bath (per person) - 40 min	€40.00

A swimsuit is required to be worn for these treatments.

SAUNA & STEAM BATH

DAILY USE OF SAUNA &/or STEAM BATH

Please note that a swimsuit is required to be worn for these treatments.

PLEASE PRE-BOOK IF YOU WISH TO USE SAUNA OR STEAM BATH



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TREATMENTS FOR TWO

For the ultimate in pampering book the luxurious Elixir Suite for two and take time to relax together with your friend or partner.

Organic Aromatherapy Massage - 50min	€170.00
Organic Aromatherapy Back, Neck and Shoulder Massage - 25min	€130.00
Relaxing Body Massage - 50min	€130.00
Blissful Back, Neck and Shoulder Massage - 25min	€100.00
Tension-Relief Deep Tissue Body Massage - 50min	€150.00
Energizing Aroma Massage - 50min	€150.00
Olive Oil Massage - 50min	€150.00
Indian Head Massage - 45min	€130.00
Ayurvedic 'Abhyangam' Body Massage - 50min	€170.00
Seaweed and Sea Salt Hydro Bath - 40 min	€80.00
Royal Calming Milk Hydro Bath - 40 min	€80.00
Sea Salt Hydro Bath - 40 min	€70.00
Ayurvedic 'Shadiva of India' Harmony Facial - 50min	€175.00
Soothing Care Facial - 50min	€155.00
Sea Luminous Facial - 50min	€165.00
High Skin Refiner Ultimate Lifting Facial - 50min	€185.00

The above prices are for both persons having the treatment simultaneously.
Please note that for the prices to apply both guests must have the same treatment.



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HAIR SALON

L'ORÉAL
PROFESSIONNEL

LADIES

Extra L'Oreal Shampoo (product only) € 1.50

TIGI®

Repair C Treatment 10 min € 13.50

Ladies Shampoo & Dry 15 min € 12.50

Ladies Shampoo & Blow Dry 25-30 min € 20.00

Ladies Shampoo & Set 45-50 min € 40.00

Diffuser Style 25 min € 18.00

Ladies Shampoo, Cut & Dry 30-45 min € 40.00

Ladies Shampoo, Cut & Blow Dry 45-50 min € 55.00

Ladies Shampoo, Cut & Set 45-50 min € 75.00

Basic Hair Up (without shampoo) 25 min € 40.00

Ladies Shampoo, Blow Dry & Hair Up 45 min € 60.00

Ladies Shampoo & Styling 50 min € 80.00

GENTS'

Gents' Shampoo 10 min € 10.00

Gents' Head Shaving 25 min € 20.00

Gents' Shampoo & Cut 30 min € 30.00

WEDDINGS

Bridal Shampoo & Styling 50 min € 80.00

Any Styling Trial including Shampoo (full styling) 50 min € 80.00

Bridesmaids Shampoo & Styling 50 min € 80.00

Groom Styling 30 min € 25.00



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WEDDING PACKAGES

BRIDES-TO-BE **€500**

- Deluxe French Manicure (50min)
- Deluxe French Pedicure (50min)
- Bridal Make-Up Trial (full make-up) (25-45min)
- Bridal Styling Including Shampoo - Trial (50min)

Wedding Day

- Bridal Make-Up (25-45min)
- Bridal Shampoo & Styling (50min)

BEAUTIFUL BOUQUET **€420**

- Deluxe French Pedicure (50min)
- Soothing Care Facial (50min)
- Aromatic Salt Exfoliation (45min)

Wedding Day

- Bridal Make-Up (25-45min)
- Bridal Shampoo & Styling (50min)

BRIDAL BEAUTY **€350**

- Deluxe French Manicure (50min)
- Deluxe French Pedicure (50min)

Wedding Day

- Bridal Make-Up (25-45min)
- Bridal Shampoo & Styling (50min)

Spa Wedding Packages valid for one person only
Any CBH discount card is not applicable to the Wedding Package



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SPA PACKAGES

AROMA THALASSO ESCAPE	€240
<ul style="list-style-type: none">• Aromatic Seaweed Body Wrap (50min)• Energizing Aroma Massage (50min)• Sea Luminous Facial - 50min• Daily Sauna & Steam Bath	
MEN'S REVITALISING RITUAL	€180
<ul style="list-style-type: none">• Tension-Relief Deep Tissue Body Massage (50min)• Quick Radiance Facial (25min)• Invigorating Sea Salt Body Peeling (45min)• Daily Sauna & Steam Bath	
RENEW & REFRESH	€150
<ul style="list-style-type: none">• Deep Hydration Wrap with Milky Clay - 50min• Relaxing Body Massage (50min)• Daily Sauna & Steam Bath	
MOTHER & DAUGHTER RITUAL	€300
<ul style="list-style-type: none">• High Skin Refiner Ultimate Lifting Facial (50min)• Blissful Back, Neck and Shoulder Massage (25min)• Relaxing & Energizing Aroma Body Wrap (50min)• Energizing Aroma Massage (50min)• Daily Sauna & Steam Bath	
AYURVEDIC "SHADIVA OF INDIA"	€230
<i>'The mind sends its experience on a journey through the body'</i> <ul style="list-style-type: none">• Garshan Body Peeling with Himalayas Salt and Ginger Lily (45min)• Abhyangam Body Massage (50min)• 'Shadiva' of India Harmony Facial (50min)	

Spa Packages valid for one person only
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SPA PACKAGES

COUPLES' RITUAL

€335

FOR HIM

- Back wrap with Aromatic algae mask (45min)
- Organic Aromatherapy Massage (50min)
- Daily Sauna & Steam Bath

FOR HER

- Deep Hydration Wrap with Milky Clay (50min)
- Organic Aromatherapy Massage (50min)
- Daily Sauna & Steam Bath

ABSOLUTE SPA DETOX

€480

DAY 1

- Seaweed and Sea Salt Hydro Bath (40min)
- Detoxifying and Slimming Massage (full body) (50min)
- Daily Sauna & Steam Bath

DAY 2

- Aromatic Seaweed Body Wrap (50min)
- Relaxing Body Massage (50min)
- Daily Sauna & Steam Bath

DAY 3

- Sea Salt Hydro Bath (40 min)
- Relaxing Body Massage (50min)
- Sea Luminous Facial (50min)
- Daily Sauna & Steam Bath

WELLNESS & VITALITY

€300

DAY 1

- Relaxing & Energizing Aroma Body Wrap (50 min)
- Energizing Aroma Massage (50min)
- Daily Sauna & Steam Bath

DAY 2

- Deep Hydration Wrap with Milky Clay (50min)
- Relaxing Body Massage (50min)
- Daily Sauna & Steam Bath

Spa Packages valid for one person only
Any CBH discounts card is not applicable to the Packages



SPA INFORMATION

Spa Daily Opening Hours

Gym & Fitness Centre: 8:00 am to 20:30 pm. Heat Experiences: 8:00 am to 19:30 pm. Spa Treatments, Hair Salon: 8:00 am to 19:30 pm. (last appointment at 18:30 pm or 19:00 pm.)

Reservations

For any information regarding the SPA treatments kindly enquire at the Spa Reception or dial extension 3122. Advance bookings are recommended. In the event that you have a Constantinou Bros Hotels Repeater's Discount Card 10% or 15%, please inform the Spa Reception in advance. Prior to undertaking a therapy all guests are required to complete a Medical Questionnaire. All information provided will be kept confidential.

Consultation

We would like to invite you to our Spa for a private consultation so as to determine your needs and to create a suitable, tailor- made treatment package.

Elixir Spa Certificates

Spa Gift Certificates are available and they are an ideal present for someone special. Spa Certificates are non-refundable and must be presented at time of treatment. Please contact the Elixir Spa for details.

Gym & Fitness Centre

The Gym & Fitness Centre is open from 8:00 hrs to 20:30hrs, seven days a week. Outdoor shoes should not be worn in this area. For your comfort and hygiene please lie on your towels when working out on the fitness equipment and kindly wipe down the equipment after use. Guests under the age of sixteen are not allowed in the Gym area.

Cancellations

As courtesy to other guests, in the event that you wish to re-schedule or cancel your appointment, kindly inform the Spa Reception or Hotel Reception. A 24-hour cancellation is required, otherwise we will regrettably have to charge you with full cancellation fees.

Payment

All treatments, prices and information are current at the time of printing and are subject to change without prior notice. All treatments may be charged to your room and will be appearing on your room folio from the hotel. Credit cards are welcome.



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SPA INFORMATION

Arrival Time

Please leave your jewellery in your room safe. Bring with you only what you need personally. The Spa Management does not accept responsibility for any loss, theft or damage of personal effects. For enhanced comfort and relaxation, we suggest that you arrive at least 10 minutes before your scheduled treatment. Arriving late will simply limit the time of your treatment, lessening its effectiveness and your pleasure. Your treatment will end at the scheduled time, so that the next guest will not be delayed.

During your Spa Visit

In consideration to our other guests, smoking is not permitted. A Spa is a place for peace and harmony, so we kindly ask you to speak in a low tone of voice. Underwear or suitable swimwear should be worn into the treatment room and during treatments, if need be the therapist will provide you with disposable underwear. Your comfort and care is our greatest concern and priority. During your treatment, please, let your Spa therapist know whether you are comfortable or not, too warm or too cold, or if her pressure is too light or too firm. Please do **NOT** add oil or other products to the sauna water bucket. A towel should always be placed on the bench before sitting on it.

Mobile Phones

Our Spa is all about getting away from it all, so we ask that you to switch off your mobile phone from the moment you arrive. We promise that not only will other clients appreciate this, but you too, will enjoy your day more.

After your treatment

We recommend that you do not sunbathe for 3 hours after any massage/body treatment/face treatment/depilatory waxing.

Homecare

To continue your Spa regime and experience at home, all products used in the treatments are available from the Spa reception.

Thank you for your understanding and for respecting the Constantinou Bros Hotels Spa as an ambiance of tranquillity and relaxation.